

2027 TALLINN OPEN Training Camp

„Adding something new to your style”

TALLINN OPEN INTERNATIONAL WRESTLING TRAINING CAMP: The TALLINN OPEN training camp (March 30 – April 1, 2026) is a Unique high-level training opportunity which takes place immediately following the tournament, at the competition site. The motto is „adding something new to your style”.

The 2026 Camp was attended by 896 GR, FS and WFS wrestlers of Schoolboy/girl, Cadet and Junior age from 30-countries. With such a wide diversity of wrestlers, the camp emphasises sparring, to maximise experience from different schools of wrestling and to help you add to your „own wrestling style”. This is a vetted camp (not for beginners) and the number of participants is limited.

Training and Coaching is led by various participating and special coaches. In 2025, Yui SUSAKI (JPN) led WFS training. In 2026, Mariia STADNYK (AZE) led WFS, Armenia coaching team led GR and Jacob HOWLAND (USA) led FS training camp. For 2027 we will again have accomplished World renowned coaches lead respective training camps.

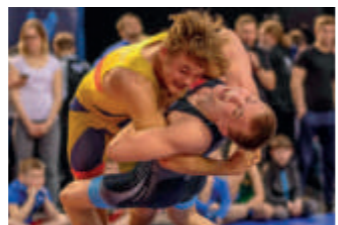
Overview:

- Camp is March 22 – 24, 2027 on 16-mats, at the Competition Site.
- Two sessions per day
- Saunas and shower facilities present
- Cost of camp is 30 eur/day. This includes 2-training sessions, facilities and two post-training meals.
- Free transportation is provided by the City of Tallin during the competition and training camp

The training camp Schedule is:

WW	08:30 – 10:30	14:30 – 16:30
FS	10:30 – 12:30	16:30 – 18:30
GR	12:30 – 14:30	18:30 – 20:30

For training camp registration and information, please contact info@tallinnopen.ee



„When you start learning and coaching yourselves, that is when you start to create your own suitable style. If you are waiting for your coach to say, put your hand here, put your foot there, put your head here, you are never going to get into the high level”.

Matt Lindland (USA National Greco Roman coach from 2014 to 2022)



SEE YOU IN TALLINN



2027 TALLINN OPEN -

KR. PALUSALU YOUTH WRESTLING TOURNAMENT

POSSIBLY THE LARGEST OPEN WRESTLING TOURNAMENT IN THE WORLD



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OVERVIEW OF 2027 TALLINN OPEN:

- Largest tournament in Europe
- March 18, 2027: FS Medical Control and Weighin Country Duals FS at 18:00
- March 19, 2027: FS wrestling (until 18:00) WFS Medical Control and Weighin Country Duals WFS at 18:00
- March 20, 2027: FS wrestling continuation (to 12:00) WFS wrestling (until 18:00) GR Medical Control and Weighin Country Duals GR at 18:00
- March 21, 2027: GR & WGR wrestling
- March 22-24, 2027: FS, GR and WFS International training camp
- Registration closes at 3000 wrestlers
- 16 wrestling mats
- Nordic A/B system guarantees two match minimum
- Opportunity to wrestle in both FS & GR and WFS & WGR (separate days)
- Let us know if you are interested in participating in a dual

OVERVIEW OF 2026 TALLINN OPEN:

- 2998 wrestlers (incl 617 WFS)
- 39-countries - 415 teams (including +40 national teams)
- Womens GR: participants from 21 countries
- Training Camp attended by 896 FS, GR and WW wrestlers from 32-countries
- Womens GR: 176 WGR wrestlers from 21 countries
- Five duals (North America vs Europe)
- 2026 protocol: <https://wrestlingdb.com/EE/2026/TallinnOpen?classic=true>

INFORMATION:

Vello LEITHAM: (372) 510 2876 for English and French
Kaja RANTS (372) 528 8509 for English and Russian

info@tallinnopen.ee

www.tallinnopen.ee

www.facebook.com/TallinnOpenWrestling
[#tallinnopenwrestling](https://twitter.com/tallinnopenwrestling)





KRISTJAN PALUSALU

Kristjan Palusalu is Estonia's most famous sports person, having won the Heavyweight Gold Medal at the 1936 Berlin Olympics in both Greco-Roman and Freestyle. Kristjan remains the only person to ever have achieved this feat at the same Olympic Games.

Young wrestlers have the opportunity to duplicate this feat, by participating in both Greco-Roman and Freestyle days.

In 2026 – three wrestlers accomplished this feat!

The **TALLINN OPEN** organising committee, is please to invite you to Europe's largest wrestling tournament, the 2027 TALLINN OPEN – KRISTJAN PALUSALU YOUTH WRESTLING TOURNAMENT in GR, FS, WFS and WGR, from 18-21 march, 2027. The tournament is on 16-mats and employs the Nordic A/B system which guarantees a two match minimum. It is possible to wrestle both GR (WGR) and FS (WFS) on subsequent days. TALLINN OPEN is for experienced wrestlers and is limited to 3000 wrestlers.

The **2026 TALLINN OPEN** was attended by 2998 wrestlers (including 617 WFS wrestlers) from 39-countries. Many National Teams use Tallinn Open for preparation or as a benchmark qualification tournament for European (Continental) and World Championships. The 2026 tournament attracted over 40 national teams of various age-groups in GR & FS and WFS & WGR. The 2026 protocol is here: <https://wrestlingdb.com/EE/2026/TallinnOpen?classic=true>

TALLINN OPEN is immediately followed by the International Wrestling Training Camp from March 22 – 24, 2027. The 2026 training camp attracted 896 GR, FS and WW wrestlers from 30-countries (please see Training Camp on page 4).

COMPETITION LOCATION:

UNIBET ARENA Paldiski Maantee 104B, Tallinn 13522 www.unibetarena.ee (GPS coordinates: Lat: 59°42.6156', Long E 24° 64.7332'). UNIBET ARENA is 10km from the Airport and Harbour, and 7km from the centre of the Old City.

REGISTRATION:

Send the following information by email to info@tallinnopen.ee. ATHLETE NAME ; ATHLETE WEIGHT (we understand that this may change over coming months) ; WRESTLING STLYE (GR and/or FS & WFS and/or WGR); NAME OF TEAM; COUNTRY; Do they participate in training camp (if so , which days). Registration starts 1. september 2026.

Registration ends either March 12, 2027 **OR** at 3000 registered wrestlers, whichever comes first..

NOTE: In 2026, registration was closed 3-weeks before start of competition, since maximum number of participants was reached.

REFEREE: Experienced accredited referees are encouraged to participate. In 2026 there was 76 referees (including 41 UWW referees) from 15-countries. Referees are provided accomodations and meals and compensated:

- 150eur per day for International Category referees
- 100eur per day for National Category referees

Referees must be 21 years old

In the event of over registration , international category takes precedence.

For information and to register as a referee, please forward credentials to info@tallinnopen.ee

The Head Referee is Mr. Tanel RENTER at Tanel.Renter@mail.ee or (372) 5297979

PARTICIPATION FEES: Possibility to wrestle both GR & FS and WFS & WGR.

- 40 euro Greco-Roman OR Freestyle (both MEN and WOMEN). After 1-march participation is 45 euro.
- 50 euro Greco-Roman AND Freestyle (both MEN and WOMEN). After 1-march participation is 55 euro.
- An additional fee of 15 euro/wrestler is charged for those teams without a referee.

Over 400 teams from circa 40 countries are participating. To avoid onsite registration and payment delays – we strongly suggest pre-payment. Invoice will be provided. **We understand that there may be last-minute lineup changes and guarantee that any overpayment will be reimbursed. Thank-you.**

Payment via bank-transfer or on-site (cash or card).

Name: MTU TALLINN OPEN

Bank: Luminor Bank AS

BIC/SWIFT: RIKOEE22

Account: EE141700017003653230

Please bring proof of payment at registration

ACCOMODATION: Visitors to TALLINN OPEN account for approximately 25% of available accomodations in Tallinn. Past years experience has shown that early reservations are highly recommended. TALLINN OPEN has pre-booked with special TALLINN OPEN discount codes over 1400 beds of different comfort level. Please refer to www.tallinnopen.ee/accomodations for accomodation information and discount codes.

Accomodation information can also be found at Visit Tallinn tourism page at:

<https://www.visittallinn.ee/eng/visitor/plan/good-to-know/accommodation>

We also recommend referring to Booking.Com and considering AirBnB.

TRANSPORTATION: Transportation is provided from the airport, harbour, train station and bus station to the competition site and onto hotels. There is a **WELCOME DESK** at the airport (just outside arrivals) to assist you, starting march 17, 2027. Advance notification for transport is required via info@tallinnopen.ee. Additionally , the City of Tallinn provides FREE city-wide transportation on buses, trolleys and trams with a special QR code. The QR-code will be available March-1, 2027 . Taxi from harbour and airport to competition site is about 8-10 EUR. Bolt and Uber also operate in Tallinn.

FOOD/MEALS:

UNIBET ARENA has several fast-food eating options. Available is also specially priced „athletes meals“ only via pre-ordering to info@tallinnopen.ee.

Thursday (18 March): After weigh-in meal. Friday, Saturday, Sunday (19–21 March): Lunch and/or Dinner.

Menu and price to be announced 1. february, 2027

Category	FEMALE				MALE (Greco-Roman and Freestyle)				
	U13	U15	Cadet	Junior	U13 "Kotkas"	U15 "Englas"	Cadet	Junior	
Birthyear	2014 & younger	2013-2012	2011-2010	2009-2007	2014 & younger	2013-2012	2011-2010	2009-2007	
Tolerance	—	—	+1kg	+2kg	—	—	+1kg	+2kg	
Weight in kg	20 (+18kg)	33 (+29kg)	40 (+36kg)	50	26 (+23kg)	38 (+34kg)	45 (+41kg)	55	57
	23	36	43	53	29	41	48	60	61
	26	39	46	55	32	44	51	63	65
	29	42	49	57	35	48	55	67	70
	32	46	53	59	38	52	60	72	74
	35	50	57	62	42	57	65	77	79
	40	54	61	65	47	62	71	82	86
	45	58	65	68	53	68	80	87	92
	50	62	69	72	59	75	92	97	97
	+50	66	73	76	66	85	110	130	125
Time	1 x 3min	2 x 2min	2 x 2 min	2 x 3min	1 x 3min	2 x 2min	2 x 2min	2 x 3min	
Points	10pts	10pts	10pts	10pts	8-GR & 10-FS	8-GR & 10-FS	8-GR & 10-FS	8-GR	10-FS
Regulation	Nordic A/B pool system. Current UWW scoring rules								
Note	Competition organisers reserve the right to make changes to the tournament program <i>FEMALE GRECO-ROMAN pools will be assigned after registration.</i>								

2027 TALLINN OPEN - Kr. PALUSALU YOUTH WRESTLING TOURNAMENT			
Dates	Times	Event	Location
18 March, 2027 THURSDAY	10:00 - 14:00	Medical Control & Weighin (FS & GR/FS combined)	Unibet Arena - TALLINN
	16:00 - 22:00		
	18:00 - 20:00	FS Country Duals	
19 March, 2027 FRIDAY	09:00 - 18:00	FS wrestling 1st day (up to 6 rounds)	Unibet Arena - TALLINN
	12:00 - 20:00	Medical Control & Weigh-In WFS & WGR	
	18:00 - 20:00	WFS Country duals	
20 March, 2027 SATURDAY	09:00 - 09:30	Opening Ceremony	Unibet Arena - TALLINN
	09:30 - 12:00	FS wrestling 2nd day (continuation, finals and award ceremony)	
	12:00 - 18:00	WFS wrestling day, Elimination rounds, Finals & Award Ceremonies	
	10:00 - 20:00	Medical Control & Weigh-In GR	
	18:00 - 20:00	GR Country Duals	
21 March, 2027 SUNDAY	09:00 - 18:00	GR & WGR Elimination rounds, Finals and Award Ceremony	Unibet Arena - TALLINN
22 - 24 March 2027	TBA	TALLINN OPEN International Wrestling Training Camp	Unibet Arena - TALLINN